

As you begin your journey to transition your gender

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It's important to find providers you're comfortable with and who understand your unique needs. Keep in mind that your mental well-being is also a key part of your transition. You will have access to a transgender care personal navigator who has specialized training to provide you with dedicated support. They can also help you find doctors and explain your costs and benefits. Log in to your member website at or call us.



Your coverage for services depends on your health plan and certain state and federal laws. So be sure to check your benefits plan, refer to the resources below or call us for help.

- · Aetna standard gender affirmation clinical policy
- Breast (top), genital (bottom) and facial gender affirming provider (PDF)

