



*Community safety*

Ouofheavy

When working near roadways, wear high visibility clothing (e.g., work vest) so motorists can see you

When operating machinery or vehicles, check surrounding areas and travel paths for pedestrians and obstructions before moving, and use flaggers when necessary

Contact [JULIE](#) by dialing 811 or (800) 892-0123 before trenching or excavating activities to avoid hazards associated with underground utilities, such as electricity and natural gas

Check local weather forecasts. Review the National Institute for Occupational Safety & Health (NIOSH) [website](#) on Hazards to Outdoor Workers.

Avoid wearing scented soaps, lotions, shampoos, and deodorants since they may attract stinging insects. [Online](#) or call (847) 491-5582.

In dark conditions, ensure adequate work site lighting is established prior to starting work.

Apply sunscreen and wear protective clothing such as long sleeves and a hat to avoid sunburns.

Take frequent breaks in cool areas and stay hydrated. If possible, work in cooler parts of the day (e.g., morning) to avoid heat-related illnesses.

Take frequent breaks in warm, dry areas, stay hydrated, and dress appropriately (e.g., jacket, gloves, hat, and insulated footwear) to avoid cold-related illnesses, such as frostbite.

Use the same workplace safety procedures for ladders you, your family, and your friends. [Stay safe when working on ladders](#). ladders are selected, inspected, and used correctly.

Have an ABC-type fire extinguisher in an accessible location (e.g., kitchen or garage) and inspect it monthly for readiness.

Use the same workplace safety procedures for you, your family, and your friends. [Stay safe when working on ladders](#). Avoid the use of ladders when the engine is hot. When the engine is hot, do not touch items (e.g., radiator) that become dangerous flying objects. Read labels, such as ensuring you are wearing appropriate PPE, such as safety glasses, footwear, and hearing protection.