

When purchasing ergonomic chairs, consider these tips and recommendations:

- Pneumatic adjustable seat height
- Adjustable seat depth
- Lumbar support, with a seated posture between 100-110°
- Five-star caster base for use on carpet on linoleum
- Easily adjustable while seated
- Minimal ridges or contouring on backrest
- Adjustable height armrests
- Mesh or breathable foam density back and seating
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